

Service Guidelines

LEVEL ONE ASSISTED LIVING:

- Three meals served daily in Dining Room; menus change daily to ensure exceptional variety
- Healthy snacks and beverages are available throughout the day
- Weekly housekeeping service
- Weekly laundering of resident-provided sheets and towels
- Weekly personal laundry service
- Daily light tidying, including garbage disposal and bed-making
- Daily social, educational, cultural and recreational programs and events tailored to residents' interests and abilities
- Functional assessment completed for initial needs and for developing an ongoing care and service plan
- Quarterly assessments completed to evaluate needs or change in condition
- Scheduled transportation for shopping and events
- Minimal assistance and support with dressing and grooming
- Stand-by assistance with bathing (up to twice weekly)
- Minimal cueing for meals and activities
- Medication management provided through The Garlands preferred pharmacy
- Regular check-ins to monitor safety
- Licensed Nurses and Certified Nursing Assistants available 24-hours-a-day
- Basic cable television service
- Personal trainer with classes
- Emergency call pendant
- Residence maintenance, including all major appliances
- All utilities

LEVEL TWO ASSISTED LIVING

in addition to components in Level One:

- Assistance with bathing (up to five times weekly)
- Daily assistance with dressing and grooming
- Daily cueing for meals and activities

LEVEL THREE ASSISTED LIVING

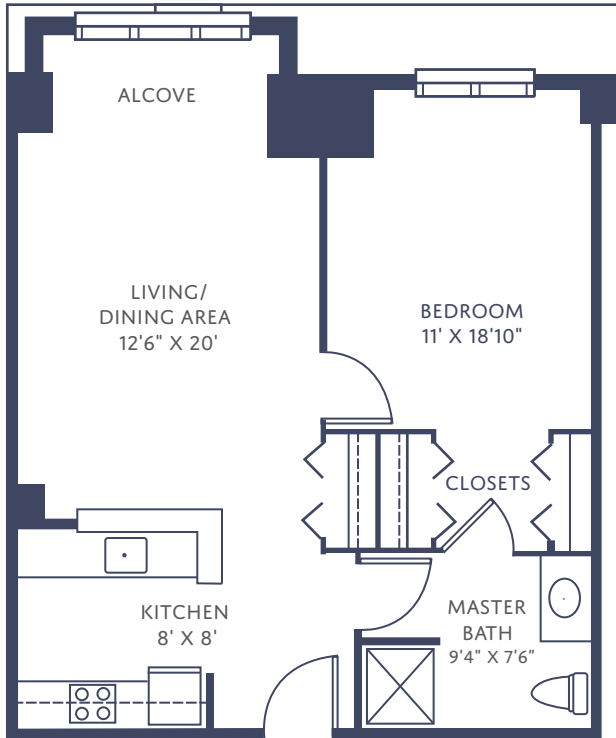
includes all of the components in Level One and Two, plus the following:

- Incontinence management, including more frequent personal laundry and garbage disposal
- More frequent assistance with bathing (up to daily)
- Daily hands-on assistance with transfer
- Daily hands-on assistance with dressing and grooming



PRAIRIEVIEW
— at The Garlands —





THE LILAC

Features of each private residence:

- Private bathroom featuring easy-access showers with assist bars and bench
- Individually controlled heat and air conditioning
- Ample closet space
- Emergency response system in bedroom and bathroom
- Smoke detectors and sprinklers
- Wall-to-wall carpet and window treatments
- High-quality fixtures, cabinetry and finishes
- Kitchenettes with microwave, refrigerator and cooktop
- Monitored, alarmed fire and security system
- Television, basic cable, telephone and high-speed Internet access pre-wiring

We offer one- and two-bedroom homes, some with alcoves, terraces or extended living room options.

All dimensions are approximate. Floor plans may vary based on location.



PRAIRIEVIEW
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